

Families Moving Forward



Families Moving Forward is coming to Plymouth in May!

Sunday, May 12th through Sunday, May 19th

Want to Get Involved? We Need You! We need..

Overnight Hosts

- Stay overnight with the families (available for night-time emergencies).
- Prepare coffee and put out breakfast in the morning.
- Help families set off for the FMF Day Center each morning.

Dinner Preparation and Delivery

- Prepare dinner for families.
- Deliver dinner.
- Help Dinner Hosts set up and serve dinner.

Dinner Hosts

- Set up for dinner and coordinate dinner delivery.
- Serve dinner and eat with families.
- Clean up after dinner.
- Put out food for families to pack lunches for next day.

Activity Hosts

- Plan a special evening activity for children/families (e.g., Bingo, family photo- graphs, music, movies, art, etc.).
- Lead the activity for the families.

Childcare Hosts

- Play and interact with children (babies to teenagers).
- Help children participate in the evening activity led by the Activity Host.
- Assist children with individual and small-group activities (e.g., coloring, playing board games, drawing with sidewalk chalk, playing foosball, etc.).

Set Up/Take Down

- Set up family rooms and common areas for the families on May 12th (e.g., blow up air mattresses, make beds, and assemble cribs).
- Take down rooms/common areas on May 19th.
- Launder all bedding.
- Return all stock to FMF storage shelves.

New! Evening Hosts

- A role for people who have volunteered before to be present at the beginning of the evening to help ensure things run smoothly.
- Help welcome both volunteers and guests.

**For more information or to sign up, email
hannahcg@plymouth.org or call Hannah at
612/977.1262**