

## 2020 PLYMOUTH CHURCH EARTH DAY ECO CHALLENGE FAQs

### **How do I join the Plymouth Team?**

It is really easy! You just go to our [LINK](#) and when you sign up, you will automatically be part of the Plymouth Church Eco Challenge team.

### **Phone vs desktop?**

People can use either, but from our experience, the website seems to work better via a computer than a phone.

### **How often should I check in?**

Ideally, every day. Simply put, as often as you can! Watching your impact add up each day, as well as sharing your experience with others on the social feed can provide important inspiration if you start to lose steam.

### **What if I couldn't do my challenge, should I log in?**

Yes. There is a button you can check that says you were not able to complete the challenge, and that is ok. By logging on and checking in, you are showing accountability to your team, and it is a good reminder to try again the next day.

### **Does each person in my family need their own account?**

No. If you have older kids and they want to create their own account, that is fine, but you can also have your entire family share one account and work together to accomplish the challenges.

### **Is there a prize?**

The prize is a healthier planet, and getting to take collective action for good at a time when we are more connected than ever, even while socially distancing.

### **Earning points—how does it work?**

In addition to earning points for daily and one-time actions, you can also boost your score by adding a profile picture or inviting others.

A note about points: the EcoChallenge reward system is unique - you'll always earn points for checking in, even if it's to indicate that you aren't able to complete any actions. Changing behaviors can be difficult, and we believe that any and all participation is productive and deserving.

Also, when marking daily actions complete, note that you'll only receive two point awards on any single day: points for the first daily action completed, and points for completing one or more additional daily actions.

FOR EXAMPLE: if Nina completes one daily action on Monday, she'll earn 10 points. If she completes one more daily action, she'll receive 10 more points. If she completes 5 daily actions, she'll still only earn 20 total points for daily actions on that day - 10 for the first completed action, and 10 more for completing any number of additional daily actions.

Please note that, if applicable, impact will still be calculated and reported for each daily action. So do all your challenges when you can—we want to see how much of a positive collective impact we can make!

### **Can kids participate?**

Absolutely! Each week there will be at least one challenge that is geared for children to participate in, but most of the time all the challenges will be something they can do. In addition, when you click that you have completed a challenge, there is often a reflection question, which can be discussed by everyone in your family.

### **Will there be new challenges each week?**

Challenges will change weekly, on Fridays! They will be sent out in both the This Week at Plymouth email, AND the Children, Youth and Families weekly email. Here is the schedule of challenges (the first week is longer to allow people to sign up at a time that is convenient for them):

WEEK 1: Wednesday April 22-Thursday April 30

WEEK 2: Friday May 1-Thursday May 7

WEEK 3: Friday May 8-Thursday May 14

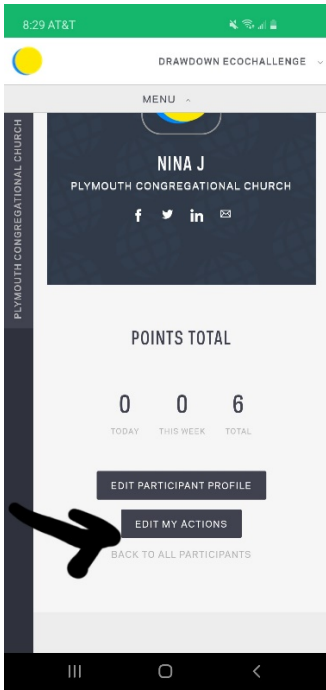
WEEK 4: Friday May 15-Friday 22

### How long will this last?

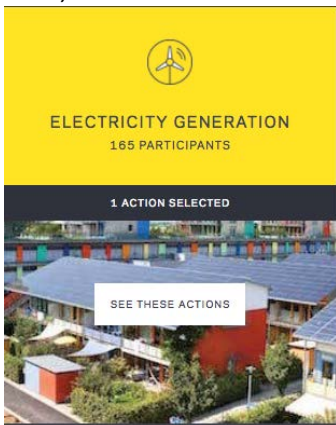
This challenge will be open for 1 month, from April 21<sup>st</sup> through May 22<sup>nd</sup>.

### These aren't "challenges" for me, they are too easy, and I already do them. Can I do others?

Of course. On the app, you can add your own challenges that you might like to do, and there are lots of them. You can also modify the challenge to suit your needs. For example, you may already be a meatless family, so your challenge may be to do a vegan meal every week. Do what works for you. When you log in and go to your DASHBOARD, you'll see that you can click on "edit my actions"



Next, click on "see these actions"



Finally, click "select"

COMMUNICATE WITH MY ELECTED OFFICIALS

**#2 Wind Turbines (Onshore)**

I will write or call ( ) elected official(s) telling them not to support fossil fuel subsidies and instead support wind energy generation.

LEARN MORE

**SELECT**

ONE-TIME CHALLENGE

I ALREADY DID THIS

**I have additional questions about the EcoChallenge—who should I contact?**

Our Team Captains are [Dylan Church](#) and [Nina Jonson](#). Please reach out to either of them with questions!